SPEC SHEET + MEASUREMENTS

Gildan® Heavy Cotton™ 100% Cotton Long Sleeve T-Shirt. 5400

Product photo



Innovation you can feel. Made with 100% U.S. cotton and the latest breakthrough in soft cotton technology, the Gildan Heavy Cotton family has been remastered for improved printability, quality and comfort you can see and feel.

- 5.3-ounce, 100% US cotton
- 99/1 cotton/poly (Ash)
- 90/10 cotton/poly (Sport Grey)
- 50/50 cotton/poly (Dark Heather, Graphite Heather, Safety Green, Safety Orange)
- Non-topstitched, classic width, rib collar
- Taped neck and shoulders
- Rib knit cuffs
- Classic fit, seamless body
- Recycled, high-performing black tear-away label
- Safety Green is compliant with ANSI/ISEA 107 high-visibility standards for background color.

Sketches



front



back

CARE INSTRUCTIONS

Machine wash warm, inside out, with like colors. Only non-chlorine bleach. Tumble dry medium. Do not iron if decorated. Do not dry clean.

PRODUCT MEASUREMENTS

	S	M	L	XL	2XL	3XL
Body Length at Back	28	29	30	31	32	33
Chest	18	20	22	24	26	28
Sleeve Length from Center Back	32 1/2	34	35 1/2	37	38 1/2	38 1/2

Body Length at Back: Measured from high point shoulder to finished hem at back.

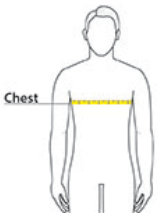
Chest: Measured across the chest one inch below armhole when laid flat.

Sleeve Length from Center Back: Measure from Center Back neck to shoulder point to sleeve hem.

SIZE CHARTS

	S	M	L	XL	2XL	3XL
Chest	36-37	38-40	42-44	46-48	50-52	54-56

HOW TO MEASURE



CHEST

Measure under the arm and around the fullest part of the chest with arms down, keeping tape horizontal.

COLORS

							
Ash PMS COOL GRAY 3C	Black PMS 426C	Cardinal Red	Carolina Blue PMS 659C	Charcoal PMS CG10C	Dark Heather PMS 7545C	Forest PMS 5535 C	Gold PMS 1235C
							
Graphite Heather PMS 424C	Indigo Blue PMS 5405C	Irish Green PMS 2252C	Light Blue PMS 543C	Light Pink PMS 684C	Maroon PMS 7644C	Military Green PMS 5615C	Navy PMS 533C
							
Orange PMS 2026C	Purple PMS 2112C	Red PMS 199C	Royal PMS 7686C	Safety Green PMS 382C	Safety Orange	Sport Grey	White